Literature review on the Ubuntu African approach to guide the development of disability programmes in rural communities in South Africa

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Abstract

Disability is a very solemn issue, as many people in rural communities struggle to accept and cope with it; this leads to the escalation of neglect and abuse cases of people with disability in rural communities requiring social workers’ intervention. This paper outlines this problem using a scoping literature method whereby already published literature on Ubuntu and disability was perused which resulted in the development of two themes: the plight of people with disability and the gap that exists in intervention. This paper indicates that there is a lack of structured programmes to address disability in rural communities. Therefore, the Ubuntu approach is ideal for guiding the development of disability programmes which will empower individuals, families and communities to cope with disability as well as strengthen intervention by social workers.

Key words
disability, programme, intervention, social worker, South Africa, Ubuntu

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